

## **Senior PWP Meeting – Thursday 22<sup>nd</sup> October 2015**

The main agenda items for the day were circulated prior to the meeting and included:

- Masterclass feedback and future plans
- PWP Promotional Resources
- Recruitment and Retention Best Practice Guide update
- PWP Professional Standards and Code of Conduct

Suheima Khoda is leaving her current role and is moving to set up a Student Wellbeing Service at the University of Central Lancashire. Agreed she will still remain part of the PWP network – and is hoping to recruit PWPs into the service she will be managing which will be another good example of role diversity for the PWP workforce, but that she will step down as Deputy Chair from the Senior Group.

Liz Kell proposed that Katie Kay, who came second in the original nomination of chair and has continued to be very actively involved in the work of the group, take over as deputy chair, to enable some consistency within the group, with a view to having a further refresh and possible 're-election' during 2016/2017. The group approved this action.

3 Senior PWPs from the North East, and 3 from Yorkshire and Humber are now part of the membership of this group, enabling us to begin to consider the PWP workforce across the North footprint, which was agreed as a very positive step for this group.

### **Masterclass feedback and future plans**

June 2015, Manchester, the main focus of the masterclass was the COM-B model. General agreement and feedback that this had been a valuable masterclass, although continuing review and further information needed to continue to embed the COM-B model into PWP ways of working. Aware that this was being reviewed in both PWP Supervisor training and for the new trainee PWPs this year, although the new curriculum is only formally adopted from September 2016

September 2015, UCLAN, the topic for this event was couples counselling for depression, and the day was delivered by two practitioners from the Tavistock Centre, funded by the PPN. There was mixed feedback in regards to this event, attendance had been poor with many people choosing to not come as they didn't feel the topic was as relevant, and there was also mixed feedback from the actual day, with less focus on skills work than had been hoped for, and the pace of delivery very different to what PWPs expect and are used to working with.

Next Masterclass will be at LJMU in late January 2016. Discussed options for future topics and a number of suggestions were put forward including:

- Solution focused brief therapy
- Promoting physical activity and exercise (within BA)
- Compassion Fatigue
- ACT (Acceptance and Commitment)
- Suicide – interventions for people bereaved by suicide (Training at UoM)

Agreement was taken to explore options for presenters on the above – preference was in regards to compassion fatigue if possible, and linking this with PPN conference theme in regards to the wellbeing of the workforce

### **PWP Promotional Materials**

Suheima Khoda presented a breadth of feedback in regards to what is needed and the options in developing resources for this. Agreement that the ‘audience’ is different for different areas – for some areas it is about improving knowledge of the role for service users, for others among GPs and for others within their own services, therefore usefulness in having quite broad resources which can then be tailored for individual need.

Example resources presented including a presentation, and artwork which could possibly be developed into an animation (developed by Frances Walton). Agreed it would be really valuable to have some sort of animation, and then further guidance on what information to include in resources to promote the role (e.g. draft presentation which could be tailored and adapted).

### **Recruitment and Retention Best Practice Guide**

Thanks were given to the group for the examples of good practice that have been contributed to this. Final version intending to be ready for Christmas and will then be circulated and promoted. Liz Kell has had initial conversations with David Clarke about the possibility of this guide being adopted nationally, which would be a fantastic next step for the work the group has put into the resource. Also discussed the value of potentially updating the example national JD and PS’s for PWPs as part of this work – they were initially developed in 2008 therefore are likely to be out of date, and this was thought to be particularly useful in terms of improving the breadth of recruitment of trainee PWPs to try to move away from the large volume of young psychology graduates and to enable the recruitment of individuals more representative of the communities in which they will be working. The group agreed with this action.

### **PWP Professional Standards and Code of Conduct**

Since the previous meeting in April 2015, Liz Kell and Katie Kay have written a debate piece for the PRN on the topic of PWP registration, to try to continue to make some progress in getting this registration process in place, however, there has been little progress beyond this. Liz proposed that this group could develop their own Code of Conduct which, with the support of the PPN, PWPs could individually choose to work in accordance with, and the support of local IAPT providers in the North West (and hopefully wider north footprint) will also choose to adopt this. It will provide some clear governance standards for the PWP profession, and hopefully, overtime, a more formal version can be adopted. The group agreed this was a good idea, and the rest of the meeting was spent reviewing code of conducts for other professional groups to begin to inform the content of this. Agreed Katie and Liz would put together a draft, and circulate to the group for comment by Christmas if possible.

A request was made to make every effort to provide feedback/comment on documents shared by email e.g. the draft code of conduct when it comes out.